

Low-Carb Philly Cheese Steak Casserole Ingredients: 1 1/2 pounds lean ground beef 2 ...

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September 22 at 10:12 AM ·

Low-Carb Philly Cheese Steak Casserole

Ingredients:

1 1/2 pounds lean ground beef
2 bell peppers
1/2 yellow onion
1 clove garlic
1 teaspoon seasoned salt (Lawry's or Mortons)
4 slices Provolone cheese
4 large eggs
1/4 cup heavy cream
1 teaspoon hot sauce
1 teaspoon Worcestershire sauce

Directions:

Preheat oven to 350 degrees. Spray a 9x9 baking dish with non-stick spray.

Dice the peppers and onions into bite-sized pieces. Mince the garlic.

Add the ground beef to a skillet and cook over medium heat, crumbling as it cooks.

When beef is broken apart, but still pink, add the peppers, onion, garlic, and seasoned salt. Continue cooking, stirring often, until beef is cooked through and vegetables have softened a bit.

Drain grease from the skillet and pour mixture into the prepared baking dish.

Tear the cheese into small pieces and place over the beef mixture. (I like it cheesy so I actually use more Provolone)

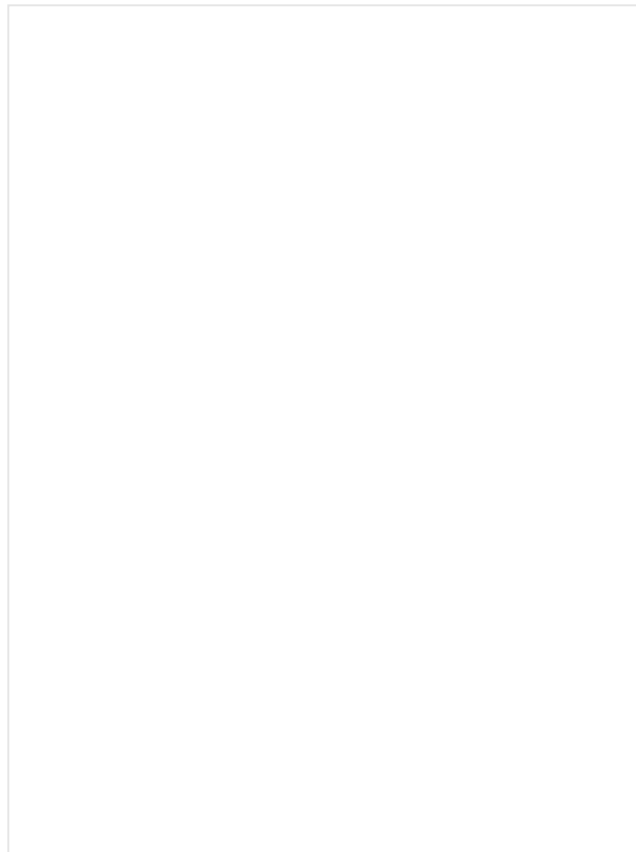
Add the eggs, cream, hot sauce, and Worcestershire sauce to a mixing bowl and whisk well to combine.

Pour the egg mixture over the beef and place the dish in the oven. Bake for 35 minutes or until the eggs are set.

Let sit 5 minutes before slicing and serving.

PS

I always put more Provolone cheese and spice it up a lot more than what the recipe calls for. I prefer to use the higher fat ground beef as it is also more flavorful!



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Oh man that looks good I'm not going to lie lol 10

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I'm gonna try this. Sounds easy. 4

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Yummy, I will make for sure. 6

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Patty Ward

Looks good. I'm going to try this too.Thanks! 4

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That looks so yummy 13

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**Lanell Merkel**Made this but wasn't sure what kind of seasoning salt to use so just used anything. Lol 2last Mon [Like](#) [More](#)**Lanell Merkel** replied · 2 replies**Kris Webb**I made it according to the recipe. It was lacking something tho. I'm thinking maybe some cream cheese or sour cream in the sauce or some banana peppers in the mmeat mixture. 26on Mon [Like](#) [More](#)**Vicki Piazza Smeraldi**I always put more provolone cheese and spice it up a lot more than what the recipe calls for. I prefer to use the higher fat ground beef as it is also more flavorful! 9on Mon [Like](#) [More](#)**Valerie Shirokey**

This is delicious. I made it with chip steak, also be good with hot sausage....

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